

Friday 28th March 2025

Dear Year 11 Parents and Carers,

As we quickly approach the summer examination period, we want to express our sincere gratitude for your unwavering support in preparing your child. Your involvement plays a pivotal role in their academic journey, and together, we can ensure they are well-prepared. Alongside our school revision programme, home revision is vital to succeed. Creating a quiet, focused space at home for your child to study, while maintaining a healthy balance with breaks and relaxation, can significantly enhance their retention and understanding of key concepts. Encouraging consistent revision habits will not only help your child feel more confident but will also contribute to their overall success during this important time.

The Importance of Home Revision

Research indicates that dedicating approximately two hours to focused revision each evening, can significantly enhance students' academic performance. This consistent study routine reinforces classroom learning, improves retention, and builds confidence. Encouraging your child to establish a structured revision schedule can lead to more effective study sessions and better outcomes.

Creating a Revision Timetable

We highly recommend that your child develops a personalised revision timetable. This timetable should outline specific subjects and topics to cover each day, incorporating regular breaks to maintain concentration and prevent burnout. A well-structured plan not only provides clarity but also helps in managing time efficiently. The Pomodoro technique is an effective way to support time management.

- **Pomodoro Technique:** Use this technique by working for 25 minutes and then taking a 5-minute break. After 4 cycles, take a longer 15 – 20 minute break.

Supporting Your Child's Revision

Your support at home is invaluable. Here are some ways you can assist your child during this period:

- **Provide a Conducive Study Environment:** Ensure they have a quiet, well-lit space free from distractions.
- **Encourage Regular Breaks:** Short breaks during study sessions can enhance focus and productivity.
- **Be Involved:** Discuss their revision topics, quiz them on key concepts, and celebrate their progress.
- **Promote Well-being:** Encourage a balanced routine that includes adequate sleep, physical activity, and leisure time.

The Importance of Sleep

Ensuring that your child gets a good night's sleep before an exam is essential for their success. Sleep helps their brain consolidate what they've studied, improving memory, focus, and overall cognitive function. Without enough rest, they may struggle to concentrate, recall information, and think clearly during their exams. Encouraging your child to establish a good sleep routine, especially leading up to

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their exams can help them feel more alert and confident, setting them up for the best possible performance.

Attendance

Attending school in the lead-up to exams is crucial for students, as it provides them with structured learning, access to teachers, and the opportunity to clarify any doubts. Encouraging consistent attendance ensures your child stays on track with their studies, absorbs vital information, and receives guidance on exam techniques. Missing school during this critical time can result in gaps in knowledge, leaving students unprepared for key exam content. School also offers a supportive environment where students can focus and prepare without distractions, making attendance a key factor in their success. By prioritising school attendance and ensuring no content is missed, you can help your child build the confidence and skills needed to perform well in exams.

School Revision

Attendance at our school revision programme has been excellent, and we would like to thank you for your continued support in encouraging your child to attend these important sessions. Below are the details for our remaining Saturday and Half Term sessions.

Term 2.2

Sat 29 th March
Maths

Term 3.1

Sat 3 rd May	Sat 17 th May
Performance (Music & PE) /Languages	English/Science

Easter Revision Sessions 2025

Monday 7 th April	Tuesday 8 th April	Wednesday 9 th April	Thursday 10 th April	Friday 11 th April
Maths & English	Science & History	Geography & RE	Languages (both sessions) Performance	Creatives

May Half Term Revision Sessions 2025

Bank Holiday	Tuesday 27 th May	Wednesday 28 th May	Thursday 29 th May	Friday 30 th May
	Maths & English	Geography & History	Science & Languages	

In addition to this letter, please find the following attachments for your information.

- *Fuelling for Exam Success* – Nutrition and Wellbeing Tips for during exam time.
- *Information for Candidates* – JCQ exam regulations.

Your continued support and encouragement are crucial as your child prepares for their examinations. By working together, we can create an environment that fosters success and well-being. If you have any questions or need further assistance, please do not hesitate to contact me at m.rothwell@cansfield.wigan.sch.uk.

Thank you for being an essential part of your child's educational journey.

Yours Sincerely,

A handwritten signature in cursive script, appearing to read 'm.rothwell'.

Mrs M Rothwell
Assistant Headteacher