



CANSFIELD
ACHIEVING EXCELLENCE TOGETHER

Parent Workshops

Dear Parents/carers,

As part of our offer at Cansfield we would like to offer a series of workshops aimed at parents and carers, which will allow us to come together to support our young people in education. The events will be held in the theatre and refreshments will be provided. The events will provide opportunity for you as parents and carers to gain an insight into the wider aspects of school life, gain valuable information and advice and have the opportunity to discuss any issues you have concerns on. We hope to see you soon. All events will start at 6:00pm and as stated refreshments will be provided. Please use the links provided below to sign up for the events as desired.

Kind regards

Craig Lomas
Senior Assistant Headteacher

Date	Event	Description
28 th Feb	Supporting a young person's mental health and wellbeing	In this session, staff will discuss the pressures facing young people in education and look at strategies that can be useful when supporting a young person with issues around mental health and wellbeing. Sign up link: https://forms.gle/FvHeqh8hia1h3gev6
17 th Mar	How abuse affects children and parenting styles	This session will be delivered by professionals from Wigan Local Authority and will look at different forms of abuse, the impacts that can have on young people and strategies that can be to support as well as advice on further support. Sign up link: https://forms.gle/VXPZ6RMvCkJsLRKH9
25 th Apr	Supporting Students at home to prepare for exams at school	This session will focus on supporting students with assessments and examinations. This will involve revision techniques and how to work independently. It will also provide advice and support around coping with exam stress. Sign up link: https://forms.gle/sxqezj3WxvHPEpA8
2 nd May	Autism Identity – Dean Beadle	This talk is focussed developing self-acceptance. The talk also challenges the harmful attitudes that still exist in society towards autistic people and looks at how to build the self-esteem of autistic learners. The session also looks at disclosing diagnosis and how to empower autistic young people to be proud of who they are. There will be opportunity for questions at the end of the session. Sign up link: https://forms.gle/HS4oSi86STUWYBn38
18 th May	Supporting a young person to understand healthy relationships and consent	In this session, staff will discuss what constitutes a healthy relationship and information around the signs of an unhealthy relationship. Discussion will also take place around consent, including legalities and advice on how to protect yourself. Sign up link: https://forms.gle/vTnZ4PXQrhGTPKUt8
22 nd Jun	Supporting a young person with SEN	This session will focus on supporting students with additional needs in education. Discussion will take place around the wide range of needs that are present amongst young people and look at strategies and support that can be provided in order to help them access the curriculum and flourish in education. Sign up link: https://forms.gle/G5yAtp9RdoE2iLo4A